NOTEATLAS · FREE PRINTABLE CHART

Drum Patterns Cheat Sheet

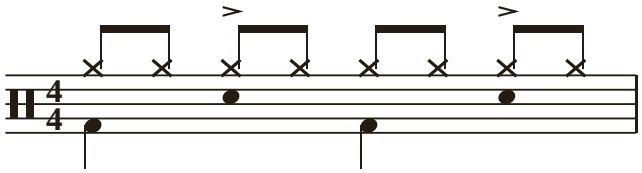
20 original beginner grooves in standard drum notation, one bar each.

x noteheads are cymbals and hi-hats, filled ovals are drums. Stems up are hands, stems down are feet. Start at the slow tempo and only move up when the bar loops cleanly.

Scan to loop them

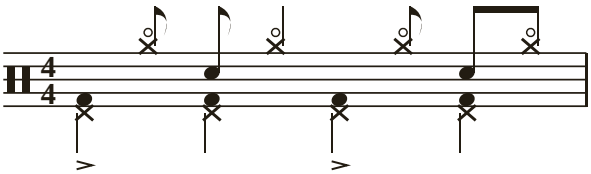
Basic Rock Pattern

rock · 4/4 · practice at 60, play at 100 BPM



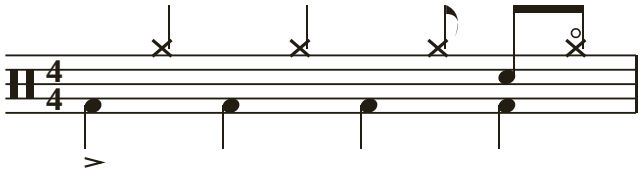
House Pattern

house · 4/4 · practice at 75, play at 124 BPM



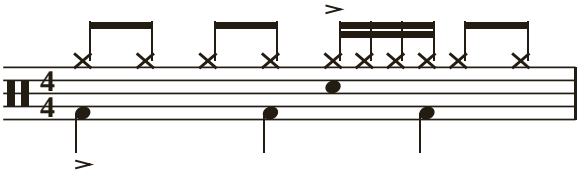
Techno Pattern

techno · 4/4 · practice at 80, play at 132 BPM



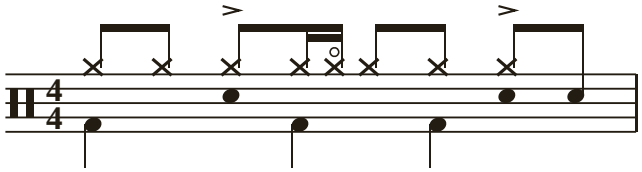
Trap Pattern

trap · 4/4 · practice at 85, play at 140 BPM



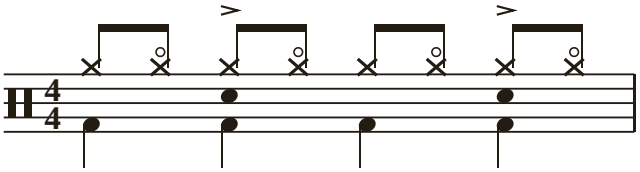
Breakbeat Pattern

breakbeat · 4/4 · practice at 80, play at 136 BPM



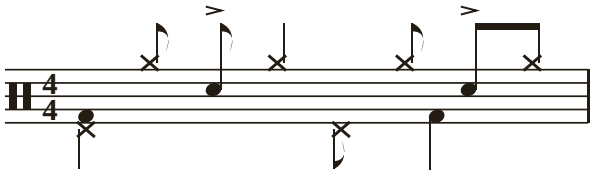
Disco Pattern

disco · 4/4 · practice at 70, play at 118 BPM



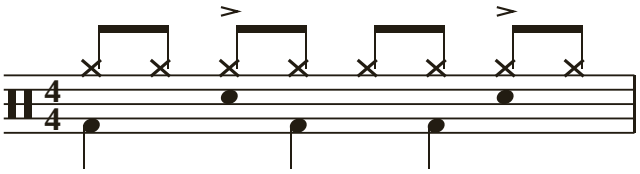
Lo-fi Pattern

lo-fi · 4/4 · practice at 45, play at 72 BPM



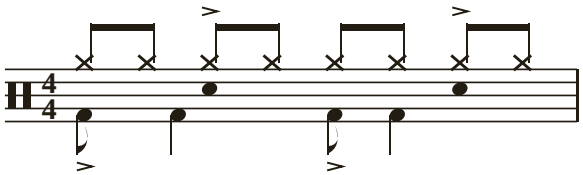
Hip-Hop Pattern

hip-hop · 4/4 · practice at 55, play at 90 BPM



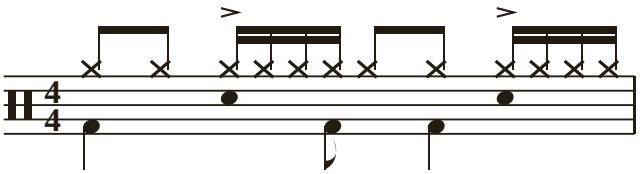
Boom Bap Pattern

boom bap · 4/4 · practice at 55, play at 88 BPM



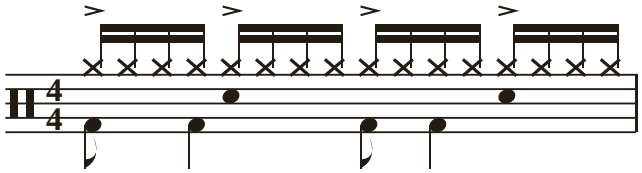
R&B Pattern

R&B · 4/4 · practice at 45, play at 76 BPM



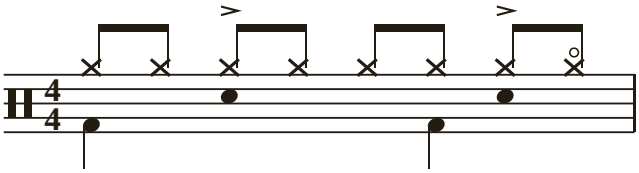
Funk Pattern

funk · 4/4 · practice at 60, play at 98 BPM



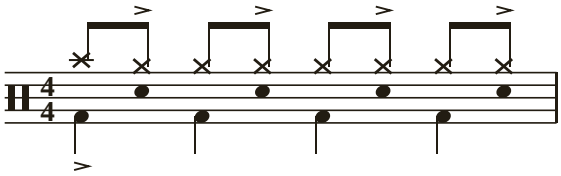
Pop Pattern

pop · 4/4 · practice at 65, play at 110 BPM



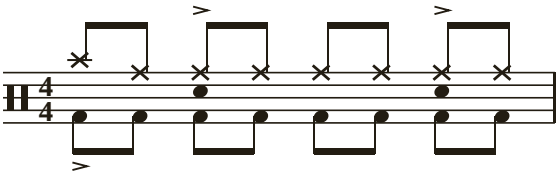
Punk Pattern

punk · 4/4 · practice at 100, play at 168 BPM



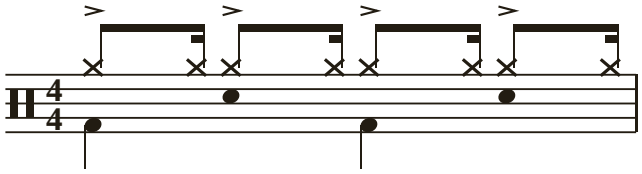
Metal Pattern

metal · 4/4 · practice at 100, play at 170 BPM



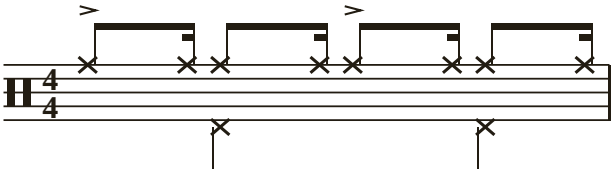
Blues Shuffle Pattern

blues · 4/4 · practice at 55, play at 92 BPM



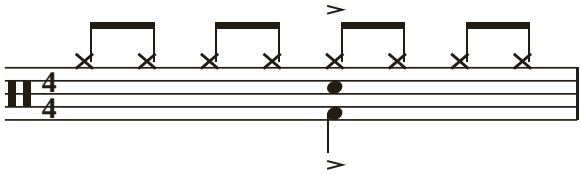
Jazz Ride Pattern

jazz · 4/4 · practice at 85, play at 140 BPM



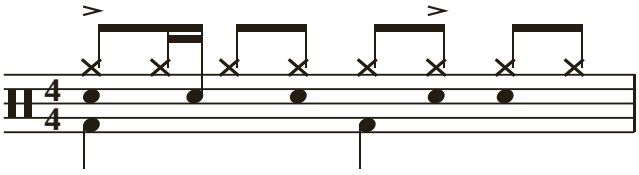
Reggae Pattern

reggae · 4/4 · practice at 45, play at 76 BPM



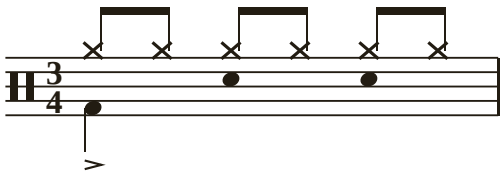
Latin Pattern

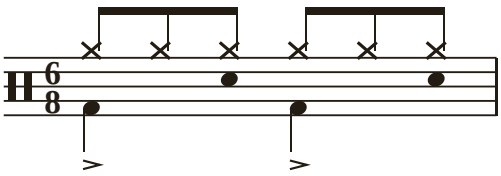
Latin · 4/4 · practice at 60, play at 96 BPM



Waltz Pattern

waltz · 3/4 · practice at 60, play at 104 BPM



6/8 Pattern

6/8 · 6/8 · practice at 60, play at 100 BPM